



# December 2024 Menu 3-5 Year Olds



SITE NAME

Week 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5
<b>BREAKFAST</b> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	<b>COLD CEREAL</b> SLICED PEARS 1% MILK	<b>PEACHY OATMEAL BAKE</b> 1% MILK (USDA)	<b>EGG &amp; CHEESE BURRITO</b> CANNED APRICOTS 1% MILK (CN LABEL)	<b>WG PATTY CAKE PANCAKE</b> APPLESAUCE 1% MILK (IDAHO CACFP)
<b>LUNCH</b> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods	<b>HAMBURGER</b> SWEET POTATO FRIES GRANNY SMITH APPLE SLICES WG HAMBURGER BUN 1% MILK	<b>CHICKEN ENCHILADA CASSEROLE</b> REFRIED BEANS TROPICAL FRUIT WG CORN TORTILLAS 1% MILK (WR-2)	<b>ULTIMATE FISH STICKS</b> MEXICALI CORN (USDA) STRAWBERRIES CN WG FISH STICKS 1% MILK (CN LABEL)	<b>TACO SOUP W/ CHEESE</b> KALE CHIPS BANANAS WG TORTILLA CHIPS 1% MILK (WR-5)
<b>SNACK</b> (Select two of these five components) • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk	<b>FRESH ORANGE WEDGES</b> GRAHAM CRACKERS 1% MILK	<b>JICAMA W/ TAJIN</b> WG GOLDFISH CRACKERS 1% MILK (CACFP)	<b>TORTILLA CHIPS</b> SALSA 1% MILK	<b>CUCUMBER SLICES WRANCH</b> WG CRACKERS 1% MILK
Week 2	Monday 9	Tuesday 10	Wednesday 11	Thursday 12
<b>BREAKFAST</b> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	<b>WG CINNAMON TOAST</b> MIXED FRUIT WG TOAST 1% MILK	<b>BANANA MUFFINS</b> (SMARTCHOICE) DICED MANGO 1% MILK (PFS)	<b>COLD CEREAL</b> CANNED APPLES 1% MILK	<b>SCRAMBLED EGG W/CHORIZO AND POTATO</b> CANNED APRICOTS WG TORTILLA 1% MILK
<b>LUNCH</b> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods	(USDA TEAM NUTRITION) <b>CHICKEN ALFREDO WITH A TWIST</b> COOKED CARROTS PEAR SLICES WG ROTINI NOODLES 1% MILK	(IDAHO CACFP) <b>TOASTED CHEESE SANDWICH</b> PEAS TOMATO SOUP APPLE SLICES WG BREAD 1% MILK	(USDA) <b>RED PAZOLE</b> CABBAGE HONEYDEW CHEESE QUESADILLA 1% MILK	(F-12) <b>BEEF SLOPPY JOE</b> GREEN BEANS MIXED FRUIT WG HAMBURGER BUN 1% MILK
<b>SNACK</b> (Select two of these five components) • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk	<b>WG GRAHAM CRACKERS</b> APPLESAUCE 1% MILK	(USDA) <b>TOASTED PITA WEDGES W/FRUIT</b> DIP 1% MILK	<b>STRAWBERRY YOGURT</b> PEACHES 1% MILK	(PFS) <b>BLUEBERRY MUFFINS (SMARTCHOICE)</b> 1% MILK

\*All cold cereals served are based upon WIC cereal list  
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Week 3	Monday 16	Tuesday 17	Wednesday 18	Thursday 19
<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>• Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods</li> </ul>	<b>APPLE CINNOMN MUFFINS (SMARTCHOICE)</b> (PFS) BANANAS 1% MILK	<b>SCRAMBLED EGG W/CHORIZO AND POTATO</b> DICED MANGO TORTILLA 1% MILK	<b>COLD CEREAL</b> PEACHES 1% MILK	<b>Program Break No School</b>
<b>LUNCH</b> <ul style="list-style-type: none"> <li>• Meat or meat alternate</li> <li>• Vegetables •Fruits/Veg</li> <li>• Grains</li> <li>• Fluid Milk</li> <li>• Other Foods</li> </ul>	<b>THE MAX CHEESE PIZZA</b> (CN LABEL) TROPICAL FRUIT CAULIFLOWER & BROCCOLI WG CN LABEL PIZZA 1% MILK	<b>GLAZED MEATLOAF</b> (D-04A) GREEN BEANS CANTALOUPE CUBES CN CHEESE BREADSTICK 1% MILK	<b>TURKEY SANDWICH</b> (WR-7) CELERY STICKS FRESH APPLE WEDGES WG BREAD 1% MILK	
<b>SNACK</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Meat or meat alternate</li> <li>• Vegetables • Fruits</li> <li>• Grains</li> <li>• Fluid Milk</li> </ul>	<b>TRAILMIX</b> (IDAHO CACFP) 1% MILK	<b>VANILLA YOGURT</b> PINEAPPLE 1% MILK	<b>WG TORTILLA CHIPS</b> REFRIED BEAN DIP 1% MILK	
Week 4	Monday 23	Tuesday 24	Wednesday 25	Thursday 26
<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>• Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods</li> </ul>	<b>Program Break No School</b>	<b>Program Break No School</b>	<b>Christmas Day No School</b>	<b>Program Break No School</b>
<b>LUNCH</b> <ul style="list-style-type: none"> <li>• Meat or meat alternate</li> <li>• Vegetables •Fruits/Veg</li> <li>• Grains</li> <li>• Fluid Milk</li> <li>• Other Foods</li> </ul>				
<b>SNACK</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Meat or meat alternate</li> <li>• Vegetables • Fruits</li> <li>• Grains</li> <li>• Fluid Milk</li> </ul>				

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Week 5	Monday 30	Tuesday 31	Wednesday (January 1 <sup>st</sup> )	Thursday (January 2 <sup>nd</sup> )
<b>BREAKFAST</b> <ul style="list-style-type: none"> <li>• Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods</li> </ul>	<b>Program Break No School</b>	<b>Program Break No School</b>	<b>New Years Day No School</b>	<b>Program Break No School</b>
<b>LUNCH</b> <ul style="list-style-type: none"> <li>• Meat or meat alternate</li> <li>• Vegetables •Fruits/Veg</li> <li>• Grains</li> <li>• Fluid Milk</li> <li>• Other Foods</li> </ul>				
<b>SNACK</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Meat or meat alternate</li> <li>• Vegetables • Fruits</li> <li>• Grains</li> <li>• Fluid Milk</li> </ul>				

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