



November 2024 Menu 3-5 Year Olds



SITE NAME

Week 1	Monday 4	Tuesday 5	Wednesday 6	Thursday 7
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	COLD CEREAL SLICED PEARS 1% MILK	PEACHY OATMEAL BAKE 1% MILK (USDA)	EGG & CHEESE BURRITO CANNED APRICOTS 1% MILK (CN LABEL)	WG PATTY CAKE PANCAKE APPLESAUCE 1% MILK (IDAHO CACFP)
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods 	HAMBURGER SWEET POTATO FRIES GRANNY SMITH APPLE SLICES WG HAMBURGER BUN 1% MILK	CHICKEN ENCHILADA CASSEROLE REFRIED BEANS TROPICAL FRUIT WG CORN TORTILLAS 1% MILK (WR-2)	ULTIMATE FISH STICKS MEXICALI CORN (USDA) STRAWBERRIES CN WG FISH STICKS 1% MILK (CN LABEL)	TACO SOUP W/ CHEESE KALE CHIPS BANANAS WG TORTILLA CHIPS 1% MILK (WR-5)
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	FRESH ORANGE WEDGES GRAHAM CRACKERS 1% MILK	JICAMA W/ TAJIN WG GOLDFISH CRACKERS 1% MILK (CACFP)	TORTILLA CHIPS SALSA 1% MILK	CUCUMBER SLICES W/RANCH WG CRACKERS 1% MILK
Week 2	Monday 11	Tuesday 12	Wednesday 13	Thursday 14
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	<h2>Veteran's Day No School</h2>	BANANA MUFFINS (SMARTCHOICE) DICED MANGO 1% MILK (PFS)	COLD CEREAL CANNED APPLES 1% MILK	SCRAMBLED EGG W/CHORIZO AND POTATO CANNED APRICOTS WG TORTILLA 1% MILK
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods 		TOASTED CHEESE SANDWICH PEAS TOMATO SOUP APPLE SLICES WG BREAD 1% MILK (IDAHO CACFP)	RED PAZOLE CABBAGE HONEYDEW CHEESE QUESADILLA 1% MILK (USDA)	BEEF SLOPPY JOE GREEN BEANS MIXED FRUIT WG HAMBURGER BUN 1% MILK (F-12)
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 		TOASTED PITA WEDGES W/FRUIT DIP 1% MILK (USDA)	STRAWBERRY YOGURT PEACHES 1% MILK	BLUEBERRY MUFFINS (SMARTCHOICE) 1% MILK (PFS)

*All cold cereals served are based upon WIC cereal list
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November 2024 Menu 3-5 Year Olds



SITE NAME

Week 3	Monday 18	Tuesday 19	Wednesday 20	Thursday 21
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	APPLE CINNMON MUFFINS (SMARTCHOICE) BANANAS 1% MILK (PFS)	SCRAMBLED EGG W/CHORIZO AND POTATO DICED MANGO TORTILLA 1% MILK	COLD CEREAL PEACHES 1% MILK	WG FRENCH TOAST STICKS APPLESAUCE 1% MILK (PFS)
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods 	THE MAX CHEESE PIZZA TROPICAL FRUIT CAULIFLOWER & BROCCOLI WG CN LABEL PIZZA 1% MILK (CN LABEL)	GLAZED MEATLOAF GREEN BEANS CANTALOUPE CUBES CN CHEESE BREADSTICK 1% MILK (D-04A)	TURKEY SANDWICH CELERY STICKS FRESH APPLE WEDGES WG BREAD 1% MILK (WR-7)	CHICKEN NUGGETS GREEN SALAD HONEYDEW CUBES WG BREADSTICK 1% MILK (CN LABEL)
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	TRAILMIX 1% MILK (IDAHO CACFP)	VANILLA YOGURT PINEAPPLE 1% MILK	WG TORTILLA CHIPS REFRIED BEAN DIP 1% MILK	FRESH CARROT STICKS W/ RANCH WG CRACKERS 1% MILK
Week 4	Monday 25	Tuesday 26	Wednesday 27	Thursday 28
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	BISCUITS AND SAUSAGE GRAVY CANNED APRICOTS 1% MILK	SCRAMBLED EGGS W/ CHEESE HONEYDEW CUBES 1% MILK	<p style="text-align: center;">Program Break No School</p>	<p style="text-align: center;">Thanksgiving Day No School</p>
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods 	BAKED MEATBALLS (NO MARINARA) MASHED POTATOES PEARS WG BREADSTICK 1% MILK (CN LABEL)	MACARONI AND CHEESE GREEN BEANS FRESH APPLE WEDGES WG MACARONI NOODLES 1% MILK (D-20)		
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	WG GRAHAM CRACKERS APPLESAUCE 1% MILK	HANDS ON CEREAL BANANAS 1% MILK		

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